

Inside the mirror

A self healing Journey with Reiki

Often the need to be happy is born from the desire to find the matrix of all our suffering, to unravel it and heal it. In *INSIDE THE MIRROR* Reiki brings us within and in this exploratory and self healing journey we discover that there is a deep and ancient wound that has affected many aspects of our live.

Reiki is like the mirror

With the practice of Reiki we can see reflected on the surface of our consciousness all of those feelings and thoughts that are part of our experience and personal history. This practice opens a process of understanding and acceptance as being part of our deeper self.

This workshop will be led by the Italian/American Reikimaster (USR) en Psychologist Lida Perry

Lida (1939) has had a psychology practice (28 years) and has 17 years experience in teaching and practicing Reiki. Some of you might have experienced her outstanding skills during one of her intensive 'Rebirthing' workshops. Since 2007 she is a valued member of the board of the Reiki Alliance. This position has given her an opportunity to experience Reiki in its deepest capabilities.

Lida: "This journey is born from my experience of teaching and practicing Usui Shiki Ryoho. In the years I have come to appreciate its infinite wisdom and gifts.

Location: Reikicentrum Zijn , Joh. Camphuisstr. 150-152, The Hague

Dates: 6 en 7 maart + 8 en 9 mei 2010*

Cost: € 600/650**

Organizer:

Willemijn Leedekerken willemijn@centrum-egellantier.nl 0252-370168

For more info see www.centrum-egellantier.nl of www.reikicentrumzijn.nl

There will be English/Dutch & v.v. translation

**** Participants have at least 2^e degree Reiki - ** Price for 2 weekends***

Sometimes while glancing at ourselves in the mirror we see more than just our physical reflection. This experience, ever so brief, opens us to the perception of our deepest en most mysterious essence that seems to be held in the look that is captured and reflected by the mirror

Program

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'INSIDE THE MIRROR' is a journey for second degree Students and Masters who wish to begin a process toward healing the primary wound that affects our life and creates our suffering.

This journey implies several phases:

- 1) A two days workshop (Saturday - Sunday)
At this time the participants will contact and identify the primary wound and choose a partner for the distant treatment exchange.
- 2) First cycle of Reiki treatments (21 days)
The series of treatments are focus on healing the identified primary wound.
- 3) Pause for 21 days
During this pause from the treatments there will be a meeting to share the process (included in total workshop price) Date: April 10th, 2010. Participation is not obligatory.
- 4) Second cycle of treatments (21 days)
This cycle is a means to deepen the healing process.
- 5) Second 2 days workshop (Saturday –Sunday)
This meeting is for sharing and understanding the personal work done during the healing process.

There will be a ceremony to close the journey

Exact times of the workshops can be found on the registration form. For detailed information about spending the night in The Hague at an affordable price, please contact the organizer.